

Clinical Therapist

Reports To:

Clinical Supervisor

Summary:

Assess and treat children, youth with cognitive, emotional or behavioral mental health challenges using a variety of psychotherapeutic techniques. To provide their caregivers with an enhanced understanding of their child's presenting problems and increase their skills to better manage behavior.

Competencies:

- Adaptability - adapts and responds to changing conditions, priorities, technologies and requirements including intense and stressful situations
- Client focused - provides superior service to clients including youth and their caregivers
- Communication - expresses and transmits information verbally and in writing with consistency and clarity dealing pleasantly and effectively with a wide range of people of different ages, ethnicities and cultures in potentially emotionally charged situations
- Cultural Sensitivity - promotes an inclusive environment
- Problem Solving - able to analyze situations, identify key issues, develop and implement practical solutions in complex situations and mitigate safety concerns using the available tools and information to support decisions and solutions
- Professionalism - demonstrates professional standards of conduct
- Results Oriented - able to focus on desired outcomes and the means by which they are achieved
- Teamwork - works cooperatively and effectively with others and participates actively in group activities fostering a team environment
- Flexibility; able to respond appropriately to changing working conditions and scheduling

Job Duties:

- Assess the clients presenting problems in terms of frequency, intensity and/or duration using CANS
- In consultation with the multi-disciplinary team, prioritize clients in terms of addressing problems/concerns
- Implement a variety of psychotherapeutic techniques delivering intake, crisis, brief, walk-in, individual, group and family service programs
- Collaborate with clients to develop, review and implement clinically appropriate treatment plans
- Develop therapeutic relationships with clients that will encourage healthy coping mechanisms and perceptions of themselves and others

- Respect and protect the rights of clients, including privacy, dignity, independence, autonomy and self-determination and to choose and practice individual values, beliefs, religion, and cultural practices
- Engage in safety planning and complete high risk forms as needed
- Collaborate with agency's consulting psychiatrist and psychologist as needed and incorporate their recommendations
- Report any known or suspected abuse to the proper authorities
- De-escalate and contain crisis situations
- Engage with and participate in the multi-disciplinary team process in a collaborative, supportive and professional manner
- Follow agency policy and procedures related to the time frames for the completion of session notes by entering them into the agency's database and complete all agency reports in a timely fashion
- Submit discharged files for auditing in a timely fashion and ensure all discharged files are scanned into the client file in the computer system

Job Requirements:

- Graduate degree from a recognized university in a discipline leading to membership in a college regulating the delivery of psychotherapy
- Membership in a college regulating the provision of psychotherapy
- Minimum of three years' experience within a clinical setting working with children and or youth
- Clear police check with vulnerable sector screening
- Valid Class G driver's license with a clear driving abstract
- Valid and up to date UMAB Certification
- Valid CPR and First Aid Certification

Work Conditions:

- Work is performed in various program settings including office, a residential setting or in the community
- Drive agency vehicle as necessary
- Maintain certifications in UMAB and Standard First Aid/CPR and college membership
- Intermittent physical activity including walking, standing, sitting, lifting, and supporting patients
- Attend and participate in team meetings, in-service trainings, and mutually agreed upon professional development opportunities
- Participate in supervision as well as annual performance evaluations
- Intermittent physical activity including walking, standing, sitting, lifting, and supporting clients

The above job description reflects the major aspects of the job and shall not be construed as a detailed description of all work requirements inherent in the job. All positions may be assigned other job related duties as required from time to time.